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# Tapering of tablets and insulin in Diabetic patients under the guidance of a doctor.

## Diabetes medicine tapering method



Diabetes Medicine  
Tapering Method

- i) For effective results statins, blood thinners and gastric tablets has to be stopped consuming from the day one of our treatment, as it damages the liver functions, as main function of the liver is to absorb glucose which is being released through our food what ever we eat and store it in the form of glycogen and releases as and when body requires glucose. If the liver do not functions, automatically, glucose level increases in the bloodstream. In Miracle Drinks treatment protocol, diet supplements shall be supplementing for normalizing the cholesterol level, blood thinning, and also gastrointestinal issues therefore statins , blood thinners and gastric tablets can be stopped.
- ii) In Miracle drinks treatment protocol endocrine gland of the Pancreas will be activating with in 3 days in majority of the cases and produces insulin through inbuilt system.
- iii) During the course of treatment, the glucose levels start normalizing in about 3-4 days, therefore allopathic medicine has to be tapering down in the following procedure:
  - 1) Those who are taking tablets for diabetes, on the 4th day, 50 % of the tablet volume should be tapered down, and thereafter by monitoring the glucose levels, the tablets must be tapered further.
  - 2) Those who are taking insulin, 3rd day night insulin dose has to be reduced 50% of the total dosage by observing the glucose level , as some time glucose level reduced to 60 to 70 mg/dl , on 4th day 3 units each time has to be reduced , thereafter weekly 3 units each time has to be reduced . Example -Morning 20 units -Afternoon 20 units -Night 20 units + Tablets.
- iv) 3rd day Morning -no reduction: Afternoon -no reduction : Night 10 units has to be reduced.
- v) 4th day Morning -3 units reduction: Afternoon -3 units reduction : Night 3 units has to be reduced.
- vi) Weekly Morning -3 units reduction: Afternoon -3 units reduction : Night 3 units has to be reduced.
- vii) After over of Insulin intake , tablets has to be stopped by seeing the glucose level.
- viii) One has to test HbA1c in every 15 days to see the effectiveness of rejuvenation of the pancreas.