28. Guggulu (Exudate)

GUGGULU

Guggulu consists of exudate of *Commiphora wightii* (Arn.) Bhand, Syn. *Balsamodendron mukul* Hook. ex Stocks *Commiphora mukul* Engl.), {Fam. Burseraceae), a small perennial tree or shrub upto 1.2-1.8 m high, occuring in rocky tracts of Rajasthan, Gujarat , exudate is collected during winter season by making the incisions in the bark or in summer, falling from the bark itself.

SYNONYMS

Sanskrit	:	Purā, Mahiṣākṣa, Kauśika, Palaṅkaṣā
Assamese	:	Guggul
Bengali	:	Guggula
English	:	Gum-gugul, Indian Bdellium
Gujrati	:	Gugal, Guggal, Gugar
Hindi	:	Guggul
Kannada	:	Kanthagana, Guggala, Mahishaksha guggulu, Guggulugida, Guggulu Guggal
Kashmiri	:	Guggul Dhoop, Kanth Gan
Malayalam	:	Gulgulu, Guggulu
Marathi	:	Guggul, Mahishaksh
Oriya	:	Guggulu
Punjabi	:	Guggal
Tamil	:	Mahisaksi Guggalu
Telugu	:	Makishakshi guggulu, Guggipannu
Urdu	:	Muqil (Shihappu)

DESCRIPTION

a) Macroscopic

Drug occurs in vermicular or stalactitic pieces of pale yellow or brown coloured mass, makes milky emulsion in hot water and readily burns, when fresh viscid and golden coloured, odour, aromtic, taste., bitter and astringent.

b) Microscopic

IDENTITY, PURITY AND STRENGTH

Foreign matter	Not more than	4	per cent, Appendix	2.2.2.
Total Ash	Not more than	5	per cent, Appendix	2.2.3.
Acid-insoluble ash	Not more than	1	per cent, Appendix	2.2.4.
Alcohol-soluble extractive	Not less than	27	per cent, Appendix	2.2.6.

Water-soluble extractive	Not less than	53	per cent, Appendix	2.2.7.
Volatile oil	Not less than	1	per cent, Appendix	2.2.10

CONSTITUENTS - Essential oil, gum, resin, steroids.

PROPERTIES AND ACTION

Rasa	:	Kaṭu, Tikta, Kaṣāya
Guna	:	Laghu, Sara, Vaśada
Virya	:	Uṣṇa
Vipaka	:	Kaṭu
Karma	:	Balya, Rasāyana, Varṇya, Vātabalāsajit, Bhagnasandhānakṛt, Medohara

IMPORTANT FORMULATIONS - Vātāri Guggulu, Yogarāja Guggulu, Siṃhanāda Guggulu, Kaiśora Guggulu, Mahāyogarāja Guggulu, Candraprabhā Vaṭī

THERAPEUTIC USES - Āmavāta, Kuṣṭha, Prameha, Vātavyādi, Granthi, Śopha, Gaṇḍamālā, Medoroga

DOSE - 2-4 g of the drug.