

### **Synthetic Medicines to be avoided during treatment for a speedy recovery.**

Except for the medication/tablets consumed for diabetes and blood pressure, all other tablets related to/for cholesterol, blood thinners, water pills (diuretic tablets), gastric tablets, uric acid tablets, Vitamin B12 tablets, Vitamin D tablets and Nephro tablets (Probiotics) can be avoided from day 1 of the treatment, as all these medicines can be supplemented through our treatment protocol with diet. For example, raw vegetable juice act like a cholesterol and blood thinner tablets.

**Note** – Above mentioned recommendation is merely a guideline, those wishing to continue with the synthetic medicines can do so, but do keep in mind that synthetic medicines damage the liver and kidney cells.