

PART- I

VOLUME – I



GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF AYUSH

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18. Bilva (Frt. Pulp)

BILVA

Bilva consists of pulp of entire, unripe or half ripe fruits of *Aegle marmelos* Carr. (Fam. Rutaceae), a tree, attaining a height of 12 m growing wild and also cultivated throughout the country, rind of fruit is removed and pulp is bruised and dried.

SYNONYMS

| | | |
|-----------|---|---------------------------|
| Sanskrit | : | Śrīphala |
| Assamese | : | Bael, Vael |
| Bengali | : | Bela, Bilva |
| English | : | Bengal Quince, Bael fruit |
| Gujrati | : | Bill, Bilum, Bilvaphal |
| Hindi | : | Bela, Sripthal, Bel |
| Kannada | : | Bilva |
| Kashmiri | : | Bel |
| Malayalam | : | Koovalam |
| Marathi | : | Bel, Baela |
| Oriya | : | Bela |
| Punjabi | : | Bil |
| Tamil | : | Vilvam |
| Telugu | : | Maredu |
| Urdu | : | Bel |

DESCRIPTION

a) Macroscopic

Fruit, sub-globose, 5-18 cm in diameter, externally greenish when young, yellowish-brown when ripe, rind about 1.5 mm-3 mm thick, hard and woody, surface smooth or slightly granular bearing a circular scar at the point of attachment with peduncle, carpels, 10-15, central, each containing several hairy seeds embedded in yellowishbrown, extremely sticky mucilage, seeds oblong, flat, woody, and having white hair, fresh pulp of ripe fruit, brown, of sticky shreds, dried pulp hard and pale to dark red in colour, frequently breaks away from the rind during drying, leaving a thin layer attached to it, odour, faintly aromatic, taste, mucilaginous and slightly astringent.

IDENTITY, PURITY AND STRENGTH

| | | | |
|----------------------------|---------------|-----------------------|--------|
| Total Ash | Not more than | 4 per cent, Appendix | 2.2.3. |
| Acid-insoluble ash | Not more than | 1 per cent, Appendix | 2.2.4. |
| Alcohol-soluble extractive | Not less than | 6 per cent, Appendix | 2.2.6. |
| Water-soluble extractive | Not less than | 50 per cent, Appendix | 2.2.7. |

CONSTITUENTS - Marmalotin, tannins, mucilage, fatty oil and sugar.

PROPERTIES AND ACTION

| | | |
|---------------|---|---|
| Rasa | : | Kaṭu, Tikta, Kaṣāya |
| Guna | : | Laghu, Rūkṣa |
| Virya | : | Uṣṇa |
| Vipaka | : | Kaṭu |
| Karma | : | Balya, Dīpana, Grāhī, Pācana, Pittakṛt, Vātakaphahara |

IMPORTANT FORMULATIONS - Bilvādi Leha, Br̥hatgangādhara Cūrṇa

THERAPEUTIC USES - Pravāhikā, Agnimāndya, Grahaṇīroga

DOSE - 3-6 g of the drug in powder form.